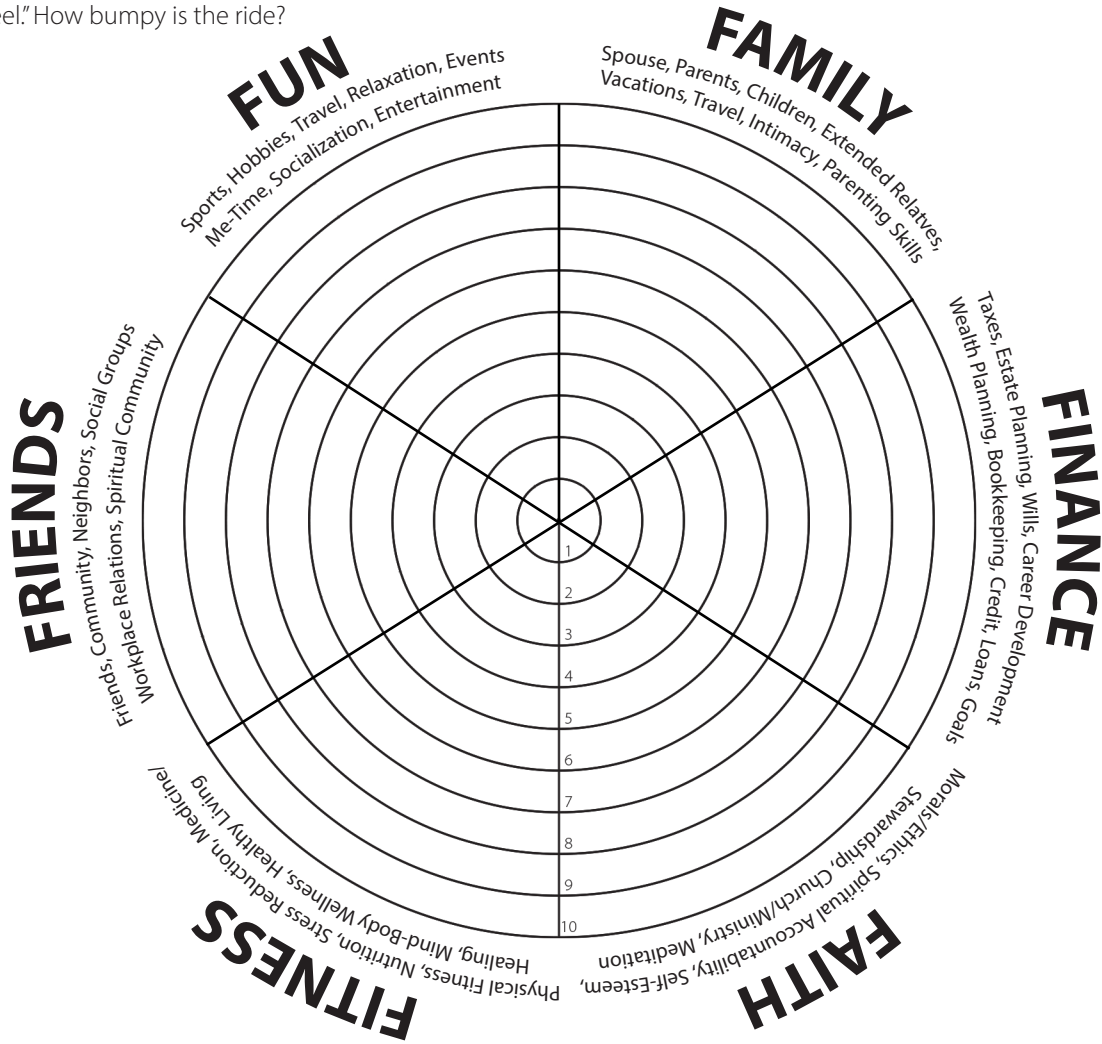


# WHEEL OF LIFE – SIX F'S



For each of the six areas of your life, rate your level of satisfaction for each area by scoring it 0 to 10. (0 = Lowest level of satisfaction and 10 = Highest level of satisfaction) Place a dot on the line that represents your score. Next, shade inside the circle for each section, creating a "wheel." How bumpy is the ride?



## ACTION ITEMS: WHERE DO YOU WANT TO BE?

<b>FAMILY:</b>	
<b>FINANCE:</b>	
<b>FAITH:</b>	
<b>FITNESS:</b>	
<b>FRIENDS:</b>	
<b>FUN:</b>	

